



**LESSON: COOKING FOOD**

**REVISION WORKSHEET**

RESOURCE PERSON: Ms. Rainha Peter

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_ CLASS: III SEC: \_\_\_\_\_

**I. Read the questions carefully and choose the correct answer.**

**1. For which of the following heating sources, kerosene oil is used as fuel?**



**p**



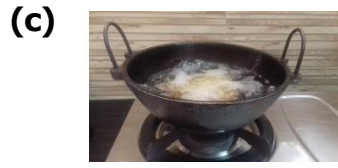
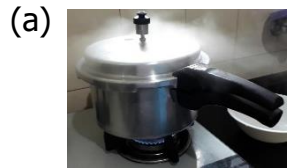
**q**



**r**

- (a) Only p      (b) Only q      (c) Only r      (d) Both q and r

**2. For Rohan's birthday party, his mother made some French Fries. Identify the method of cooking she used.**



**3. Which of these vegetables can be eaten raw as well as cooked?**

- (a) pumpkin      (b) carrot      (c) brinjal

**4. Which of the following suggestion/suggestions should we adopt to prevent wastage of food?**

- I. Keeping cooked food in a refrigerator.**  
**II. Take as much food as we can eat.**

- (a) Only I      (b) Only II  
(c) Both I and II      (d) None of them

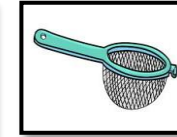
**5. Look at the pictures of cooking utensils used in the kitchen and identify 'e' and 'g'.**



**e**



**f**



**g**



**h**

- (a) e - sieve , g - skimmer      (b) e - skimmer , g - sieve  
(c) e - masher , g - sieve

**6. Manish, Arun, Sam and Adil were discussing about the need to cook food. Which child/children made the correct statement regarding the same?**

**Manish:** Cooking makes food tasty.

**Arun:** Cooking makes food unhealthy.

**Sam:** Cooking kills the germs that may be present in raw food.

**Adil:** Cooking makes food hard and difficult to digest.

- (a) Manish and Arun are correct      (b) Adil and Manish are correct  
(c) Arun and Sam are correct      (d) Manish and Sam are correct